

Stages of Education and Training by Levels of Educational Opportunity in Specialties: Psychoanalysis in Psychology  
September 2016

**Stages of Education and Training**

Levels of Opportunity	Doctoral	Internship	Post-Doctoral	Post-Licensure
Major Area of Study	<p>Within broad and general training in an APA accredited doctoral program, 2-4 years of coursework addressing the scientific foundations of psychology, together with courses integrating the attitudes, ethics, knowledge and skills applicable to psychoanalysis and psychodynamic psychotherapy. Supervised practicum experiences in psychoanalytically- oriented treatments and assessments, and/or dissertation or research project in psychoanalytically-oriented area or topic.</p>	<p>Clinical practice at an APA-accredited internship that is also, if possible, designated by APA’s Division 39 as psychoanalytically/ psychodynamically oriented OR an APA-approved internship wherein a primary supervisor(s) provides psychotherapy from a psychoanalytic/psychodynamic orientation. At least 50% of the accredited internship includes supervised experience in knowledge and skills in psychoanalytically oriented psychotherapy.</p>	<p>Completion of a 2-4 year training program in psychoanalysis from a recognized post-doctoral psychoanalytic training institute OR an organized post-doctoral program in psychoanalysis, OR education and training secured through a planned, individualized sequence of education, supervision, and practice acceptable to the ABAPsa Board (generally applied to applicants for which institute training was not available). At least 80% of supervised experience in psychoanalysis or psychoanalytically oriented psychotherapy. The post-doc leads to an increasing professional identity as a psychoanalyst. At least one of the post-doctoral supervisors is a psychologist who is ABPP Board Certified in the specialty.</p>	<p>At least two years of post-licensure experience that demonstrates the use of psychoanalysis. An organized involvement in approximately 60 hours of continuing education programs, delivered by an APA or State Psychological Association approved providers that provide both coursework and consultative training in the attitudes, knowledge and skills in psychoanalysis. These programs are usually provided in the context of a recognized psychoanalytic institute or facility that provides psychoanalytically oriented treatment.</p>

<p>Emphasis</p>	<p>Within broad and general training in an APA accredited doctoral program, 2-4 courses addressing attitudes, ethics, knowledge and skills applicable to psychoanalysis and psychodynamic psychotherapy, and one supervised practicum experience in psychoanalytically-oriented treatments and assessments, and/or dissertation or research project in psychoanalytically-oriented area or topic.</p>	<p>As feasible within the context of the internship site, 30% to 50% of didactic and supervised experiences that focus on psychoanalytically oriented assessment and psychotherapy, i.e., 1-2 courses in a subspecialty, study groups, participation in local chapters/groups, classes/CE training, presentation of clinical cases, analysis of psychoanalytically informed assessments.</p>	<p>Completion of a 1 to 2 year program in psychoanalytic psychotherapy from a recognized post-doctoral training institute OR organized post-doctoral program OR education and training secured through a planned, individualized sequence of education, supervision, and practice (generally applied to applicants for which institute training was not available). 50% to 80% of the postdoctoral experience is focused on psychoanalytic psychotherapy.</p>	<p>An organized continuing education program, delivered by an APA or State Psychological Association approved provider that provides both coursework and consultative training in the attitudes, knowledge and skills in psychoanalytic psychotherapy, comprised of at approximately 45 hours of educational experience, and consultation.</p>
<p>Experience</p>	<p>Within broad and general training in an APA-accredited doctoral program, 1 to 2 courses incorporating attitudes, ethics, knowledge, research, and skills informed by psychoanalytic theory and at least one supervised practicum experience that includes use of psychoanalytic/ psychodynamic interventions.</p>	<p>20% to 30% of the internship includes didactics and supervised experience in psychoanalytically oriented assessment and treatment. The experiences may include cross-content competencies.</p>	<p>A post-doctoral program with at least 21-49% of the program providing cross-content coverage and focus on psychoanalytic psychotherapy.</p>	<p>Continuing education courses, delivered by an APA or State Psychological Association approved provider that provides approximately 15 hours of both coursework and consultative training in the attitudes, knowledge and skills in psychoanalysis.</p>
<p>Exposure</p>	<p>The equivalent of two courses covering attitudes, ethics, knowledge, research, and skills informed by psychoanalytic theory and psychoanalytic/ psychodynamic assessment and psychotherapy.</p>	<p>5% to 20% of internship includes didactics and supervised experience in which the focus is the attitudes, knowledge and skills psychoanalytically oriented assessment and therapy. The experience may include cross-content competencies.</p>	<p>A post-doctoral program with at least 20% of the program providing attitudes, knowledge and skills comprising psychoanalytic psychotherapy.</p>	<p>Continuing education courses delivered by an APA or State Psychological Association approved provider that provides both coursework and consultative training in the attitudes, knowledge and skills psychoanalysis, comprised of at least 6 hours of educational experience.</p>