

Stages of Education and Training by Levels of Educational Opportunity in Specialties: Behavioral and Cognitive Psychology (CBP)¹

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Stages of Education and Training²

Levels of Opportunity	Doctoral	Internship	Post-Doctoral	Post-Licensure
Major Area of Study	Within broad and general training in an COA accredited Clinical, Counseling, or School, 2-3 years of coursework covering attitudes, ethics, knowledge and skills in CBP, multiple supervised practica in CBP, dissertation or research project in CBP.	At least 75% of the APPIC member or COA accredited internship includes didactics in which the focus is the attitudes, knowledge and skills of the specialty, and delivery of treatment or consultation employ research supported CBP treatments.	Preferably a COA accredited post-doctoral program with at least 80% of the program devoted to educational and training experiences based on attitudes, knowledge and skills in CBP, including participation in research and treatment using research supported treatment models within the specialty. The post-doc leads to a clear professional identity as a behavioral and cognitive psychologist. At least one of the post-doctoral supervisors is an ABPP Board Certified in the specialty. If the post-doctoral program focuses on applied behavior analysis, it shall include an ABPP Board Certified in CBP with competencies in applied behavior analysis, or an ABPP Board Certified in CBP AND a	With at least two years of post-licensure experience that demonstrates the use of behavioral and cognitive, research supported treatments or consultations: An organized continuing education program, delivered by an APA or State Psychological Association approved provider that provides both coursework and consultative training in the attitudes, knowledge and skills in CBP, comprised of at least 60 hours of educational experience, and consultation at a level consistent with surveys of training programs setting the amount of coverage at this level.

¹ Attitudes, knowledge and skills in cognitive and behavioral psychology are described in Klepac, et al., 2012.

² Cross-content competencies are defined as those in which another specialty' education and training employs attitudes, knowledge and skills in cognitive and behavioral psychology (see Klepac, et al., 2012) as a theoretical model, psychotherapeutic or consultative intervention methods, and/or research methodology. For example, a program offering education and training in the specialty of Clinical Child and Adolescent would have cross-content coverage if the primary model of case-conceptualization and psychological treatment was CBP. Thus a program might state that they have a specialty program with a major area of study in Clinical Child and Adolescent Psychology, with an Emphasis/Experience/Exposure to CBP.

			licensed psychologist holding a BCBA-D.	
Emphasis	Within broad and general training in an COA accredited Clinical, Counseling, or School, at least the equivalent of 1 year of coursework covering attitudes, ethics, knowledge and skills in CBP, at least one supervised practicum in CBP, and at least one independent study or research project in CBP	At least 50% of the APPIC member or COA accredited internship includes didactics in which the focus in is the attitudes, knowledge and skills of the specialty, and delivery of treatment or consultation employ research supported CBP treatments. The coverage may include cross-content competencies.	Preferably a COA accredited post-doctoral program with 50-79% of the program providing cross-content coverage in another specialty employing the attitudes, knowledge and skills comprising CBP, including participation in research and treatment using research supported treatment models within the specialty. At least one of the post-doctoral supervisors is an ABPP Board Certified in the specialty. If the post-doctoral program focuses on applied behavior analysis, it shall include an ABPP Board Certified in CBP with competencies in applied behavior analysis, or an ABPP Board Certified in CBP AND a licensed psychologist holding a BCBA-D	With at least two years of post-licensure experience that demonstrates the use of behavioral and cognitive research supported treatments or consultations: An organized continuing education program, delivered by an APA or State Psychological Association approved provider that provides both coursework and consultative training in the attitudes, knowledge and skills in CBP, comprised of at least 45 hours of educational experience, and consultation at a level consistent with surveys of training programs setting the amount of coverage at this level.
Experience	Within broad and general training in an COA accredited Clinical, Counseling, or School, at least the equivalent of several courses covering attitudes, ethics, knowledge and skills in CBP, at least one supervised practicum that includes use of behavioral and	At least 30% of the APPIC member or COA accredited internship includes didactics in which the focus in is the attitudes, knowledge and skills of the specialty, and delivery of treatment or consultation employ research supported CBP treatments. The coverage	Preferably a COA accredited post-doctoral program with at least 21-49% of the program providing cross-content coverage in another specialty employing the attitudes, knowledge and skills comprising CBP, including research or treatment activities	With at least two years of post-licensure experience that demonstrates the use of behavioral and cognitive research supported treatments or consultations: Continuing education courses, delivered by an APA or State Psychological Association approved provider

	cognitive interventions.	may include cross-content competencies.	using research supported treatment models within cognitive and behavioral psychology. At least one of the post-doctoral supervisors is an ABPP Board Certified in the specialty. If the post-doctoral program focuses on applied behavior analysis, it shall include an ABPP Board Certified in CBP with competencies in applied behavior analysis, or an ABPP Board Certified in CBP AND a licensed psychologist holding a BCBA-D	that provides both coursework and consultative training in the attitudes, knowledge and skills in CBP, comprised of at least 15 hours of educational experience, and live demonstrations or role-plays utilizing clearly-defined CBP interventions or consultations.
Exposure	Within broad and general training in an COA accredited Clinical, Counseling, or School, at least the equivalent of two courses covering attitudes, ethics, knowledge and skills in CBP.	At least 20% of the APPIC member or COA accredited internship includes didactics in which the focus is in the attitudes, knowledge and skills of the specialty, and delivery of treatment or consultation employing research supported CBP treatments. The coverage may include cross-content competencies.	Preferably a COA accredited post-doctoral program with at least 20% of the program providing attitudes, knowledge and skills comprising CBP, including research or treatment activities using research supported treatment models within cognitive and behavioral psychology.	An organized continuing education program, delivered by an APA or State Psychological Association approved provider that provides both coursework and consultative training in the attitudes, knowledge and skills in CBP, comprised of at least 6 hours of educational experience.